

FAASTeam presents:

# **Medication and Pilots: Staying Both Healthy and Safe in the Skies**

It can be said that a pilot's first three concerns are: safety, safety, and safety. We rigorously inspect our aircraft, our engines, our flight plans, and airspaces. We also are the final evaluation of our own pilot safety. Let's spend an hour or so talking about the "M" in the "IMSAFE" checklist, medication.

Most people have at some point in their life taken medication as part of a treatment protocol for illness or injury. Some of us are on a regular medication intake to combat one or more physical malady. As pilots, it's critical to safety that we understand how both common over-the-counter and the prescribed medications impact our ability to function as Pilot In Command of an aircraft. San Carlos Flight Center has invited physician and Aviation Medical Examiner Michael Cowan to discuss medications and their impact on flight safety with our pilot community. While individual medical issues can only be addressed in specific consultation with your AME, please join us to discuss the topic of medication and flying in general.

**Directions:** Pilots who fly in should park in transient parking on the opposite side of the field and expect to walk about 10 minutes (.5 mile) to the Flight Center. Suite 215 is upstairs in the northwest corner. On occasion, rides may be prearranged through San Carlos Aviation and Supply.

## Event Details

**Wed, Oct 28, 2015 - 19:00 PDT**

**San Carlos Flight Center**

655 Skyway Road

Suite 215

San Carlos, CA 94070



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Representative Jonathan Slocum

**A message from the National FAASTeam Manager**

Invite a fellow pilot to the next WINGS Safety Seminar in your area.

Sign up for the FAA's safety services at [www.FAASafety.gov](http://www.FAASafety.gov)!

The FAA Safety Team (FAASteam) is committed to providing equal access to this meeting/event for all participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the "Contact Information" area of the meeting/event notice. Note that two weeks is usually required to arrange services.